

Are between 12 & 18 yrs
of age & living with a
Kinship or Relative
Carer?



**Mountain bike activity
Hanging Rock, Ridgewell Road, Blackheath**

*Young people living in the Nepean
Region including the Penrith, Blue
Mountains & Hawkesbury LGA's are
able to participate in KAOS activities.*

*KAOS activities are supported by staff
from the Sydney West Area Health
Service & the Mountains Youth
Services Team.*



How to make a referral

A young person or family member
can refer themselves
directly by contacting the
Springwood Neighbourhood Centre
and asking to speak to someone in
the Kinship Care Team;

A referring agency can contact the
Springwood Neighbourhood Centre
and ask to speak to someone in the
Kinship Care Team to discuss a
referral.

About this project:

*KAOS is part of the Kinship Care
Regional Project & is auspiced by the
Springwood Neighbourhood Centre
Cooperative Ltd*

108 Macquarie Road, Springwood
P.O Box 220 Macquarie Rd
Springwood NSW 2777

Phone: 4751 3033
Fax: 4751 6957



Springwood
Neighbourhood
Centre
Cooperative Ltd

KAOS

Kinship
Adol escent Out of
Home Support

Office hours are:
9.30am to 3.30pm
Monday to Wednesday

Phone: 4751 3033
Fax: 4751 6957
E-mail: kinshipcare@sncc.org.au
Website: www.sncc.org.au

Kinship Adol escent Out of Home Support

The following is some examples of KAOS activities:

Ice Skating; Mountain bike riding;
Climbing (indoor & outdoor
venues); BBQ's; Bush walking/hiking;
Laser Zone; Hanging out together, eating
pizza & catching up with each other;
Circus skills; Football; Go Karting;
Sailing on Pittwater Basin; Consultations
with young people; Creative writing;
Training in public speaking & advocacy.



***KAOS sailing on the Pittwater Basin with Street
Mission.***

**KAOS (Kinship Adolescent Out-of
Home Support)** provides
young people living in care with
relatives, opportunities to participate
in recreational activities in a suppor-
tive environment.

KAOS activities brings young people
together with other young people liv-
ing in similar circumstances.

KAOS activities are supported by spe-
cialist staff from Community Health,
the Integrated Violence Prevention
Response Service, Sydney West Area
Health & the Mountains Youth Ser-
vices Team (MYST); the CREATE
Foundation & Street Mission.

KAOS activities are offered through-
out the year.

Young people have said the
following things about the
changes they have noticed in
themselves after participating
in KAOS activities:

More talkative, social

Not scared of people

I focus at school better

My Nan's nicer

*When you do something new
you feel like you can do it again!*

*I've told my best friend about
KAOS*