

ANNUAL REPORT 2018-2019



Springwood Neighbourhood
Centre Co-operative Ltd



**Springwood
Neighbourhood
Centre
Co-operative Ltd**

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WELCOME,
**Springwood Neighbourhood Centre
Co-operative Limited (SNCC) prides itself
on offering the local community a space
and service reflecting its philosophy, to
consistently strive for a community that is:
*Caring, Vibrant and Inclusive.***

What does that mean in practice? As the 2018-2019 Annual Report demonstrates, SNCC's programs continue to exceed community expectations in a way that is dynamic and responsive. Communities are not static entities, so it is our responsibility to adapt and evolve in a rapidly changing world, to deliver support where it is needed most.

SNCC strives to engage, support and strengthen our community. Our Annual Report outlines several key programs where we have delivered beyond expectations and where the spirit of our Centre is clearly demonstrated.

We do this by offering programs for families and children; programs to support mental health; volunteer support for the elderly and aged care sector; community food relief; promoting diversity; providing advocacy; and a wealth of other targeted programs in response to the needs of community.

SNCC works in partnership with Belong Blue Mountains Community and Neighbourhood Services and other organisations on several key initiatives, to ensure communities across the Blue Mountains are offered services that are both practical and relevant.

The passion and enthusiasm of our volunteers cannot be underestimated, and without them SNCC would not be able to offer the range of services available to the local community. Their commitment to delivering care and support to a range of community members is testament to the spirit of what drives a community.

Within this Annual Report, you will read stories of how our programs touch the lives of community members and how advocacy can achieve real outcomes at the



higher levels of government in terms of funding and recognition. These stories will both inspire and reinforce the importance of SNCC within the Springwood and surrounding community.

Dynamic, responsive and ever evolving to meet the needs of the local community, that is SNCC's future direction. I hope the 2018-2019 Annual Report reflects our motivation, drive and passion for now and moving forward in a rapidly changing world. As always, SNCC will be there responding to change and delivering to those who need it most.

I wish to thank everyone involved with SNCC for their commitment, consideration, care and support. Thank you to all SNCC volunteers; those who assist in the Centre, visit our many clients with either the Community Visitors Scheme or Volunteer Home Visitors, those who provide transport for our clients and the many who share their skills as facilitators for our community based groups. I particularly want to extend my thanks to the members of our Board who provide wise counsel and their many talents and time supporting myself the work that we do. Finally, a big thank you to all members of the staff who are an amazing team and skilled highly motivated people – thank you all.

Toni Quigley, CEO

**Dynamic, responsive and ever evolving to meet the needs
of the local community, that is SNCC's future direction.**

ACKNOWLEDGEMENT OF COUNTRY

Springwood Neighbourhood Centre Co-operative Ltd (SNCC) acknowledges that we work on the traditional lands of the Darug and Gundungurra peoples and pay respect to the strength, capacity and resilience of past and present Aboriginal people in this region.

The
Guardian



Older Australians 'betrayed at Christmas' after changes to visitors scheme funding

Fears vulnerable people will be isolated after cut to groups which connect volunteers with those in residential or community care

Christopher Knaus

Mon 24 Dec 2018 10:21 AEST

Community groups that visit ageing Australians to alleviate loneliness say changes to a federal government scheme have stripped them of funding and threaten their ability to continue operating.

The federally funded Community Visitors Scheme (CVS) connects volunteers with those in residential aged care or community care to reduce social isolation. It's a crucial service to help vulnerable and lonely residents, many of whom have no one else to visit them.

But groups such as the Springwood Neighbourhood Centre Co-operative and Katoomba Neighbourhood Centre in the New South Wales Blue Mountains say they were informed just before Christmas they had lost 60% of their funding for 2019.

The overall funding for the scheme has not changed, but the federal government this year ran a competitive tender process to award it to community groups for the first time since CVS began in 1992. The aim was to refresh the program, reward "high-performing providers" and place an

“An outstanding example of how SNCC supports the community through proactive advocacy was demonstrated just before Christmas 2018.

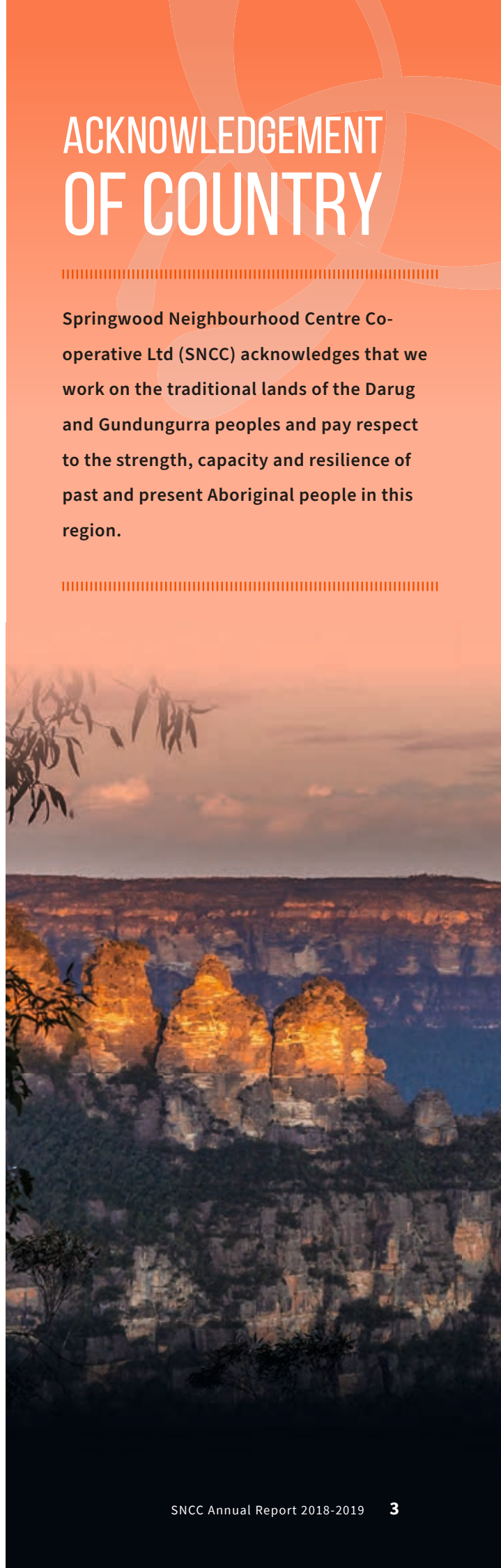
News that the federally funded Community Visitors Scheme (CVS) was to have its funding cut by 60% would have had a serious impact on the service.

SNCC's CEO Toni Quigley, voiced her concerns across several platforms. Guardian journalist Christopher Knaus investigated the issue, interviewed Toni and cited her concerns in an article published on Christmas Eve.

The change in funding would have made a significant impact on community members using the CVS, including the loss of a paid position within SNCC.

Toni's advocacy around this issue and subsequent media coverage led to a last-minute reversal by the federal government, meaning the CVS funding continued without drastic cuts.

It was much-welcomed news just before Christmas.”



FROM THE CHAIR ...

SNCC is one of those outstanding organisations that consistently performs above and beyond all expectations and regulatory requirements.

The support provided to our local community covers all age groups and a vast range of interests. This support is underpinned by an experienced and dedicated staff, over 100 committed volunteers and is complemented by partnerships with trusted community organisations within the region.

One such partnership is the Mental Health First Aid (MHFA) program which we deliver across the Mountains in collaboration with Blackheath and Winmalee Neighbourhood Centres. This training is led by a Blue Mountains resident who is a Master Trainer in MHFA and who possesses a generous spirit with a strong desire to give back to her community.

Some of our valued long-standing partnerships include provision of support services for seniors with Belong Blue Mountains and programs for children and families in association with Gateway Family Services.

I mention these specific partnerships as examples of our wider collaborative efforts across the Blue Mountains. SNCC is wholly committed to working together with individuals, small groups and other community organisations as a means of better supporting the growth and cohesion of our community.

We genuinely believe that by partnering with others we can produce stronger, more positive outcomes for the communities we serve.

We also recognize our government and non-government funding providers as being vital to our ability to deliver much needed supports and services.

Funding from all levels of government across the community support sector is changing and this may



present SNCC and similar organisations with significant financial challenges into the future. However, we will continue to strongly advocate for continued funding that enables local, generalist services to remain viable as they play a major role in building resilient communities and are an important initial source of information and assistance for many people facing difficulty.

The SNCC Board has focused on our governance role and we can confidently assure members that SNCC has successfully reported to all required regulatory and funding bodies over the financial year.

I thank my fellow Board members for their diligence. Their assistance and wise counsel have made my role far more enjoyable.

Finally, I give the Board's heartfelt thanks to our CEO, Toni Quigley, all staff members and especially to our volunteers. Together the team makes our services and supports absolutely hum.

I strongly recommend you browse this Annual Report, and see for yourself the scope and quality of what this dynamic group of people deliver to the Springwood and Blue Mountains community.

Jo Ridley
Chairperson

We genuinely believe that by partnering with others we can produce stronger, more positive outcomes for the communities we serve.

2018-2019 YEAR IN NUMBERS

TOTAL NUMBER OF:
SERVICE AREAS

6

STAFF (ALL PART-TIME
OR CASUAL)

22

VOLUNTEERS

113

*INSTANCES OF SERVICE

42,436

*INSTANCES OF SERVICE
BY CATEGORY:

ACTIVITIES - ATTENDANCES AT
ALL GROUPS AND ACTIVITIES

7834

ASSISTED REFERRALS

31

COMMUNITY VOLUNTEER
SCHEME VISITS

370

DEMENTIA CARERS GROUP MEET
UPS

128

CENTRE INFRASTRUCTURE USE,
CONNECTED WITH INFORMATION

8764

CENTRE OPEN ON SUNDAYS
- FAMILY FOCUSED EVENTS
NUMBER OF VISITORS

2466

COMMUNITY FOOD RELIEF

NO. OF OCCASIONS FAMILIES
WERE HELPED

1374

EVENTS

ATTENDANCES

1025

TANDERRA OOSH BOOKINGS

18,468

VOLUNTEER HOME VISITS

1976

TOTAL

42,436*

PROMOTIONAL ACTIVITY

SNCC WEBSITE PAGE VIEWS

17,100

SNCC FACEBOOK PROMOTIONAL
POSTS & PAGE VIEWS

18,099

SNCC NEWSLETTERS

1900

SNCC POSTERS & FLYERS

2500



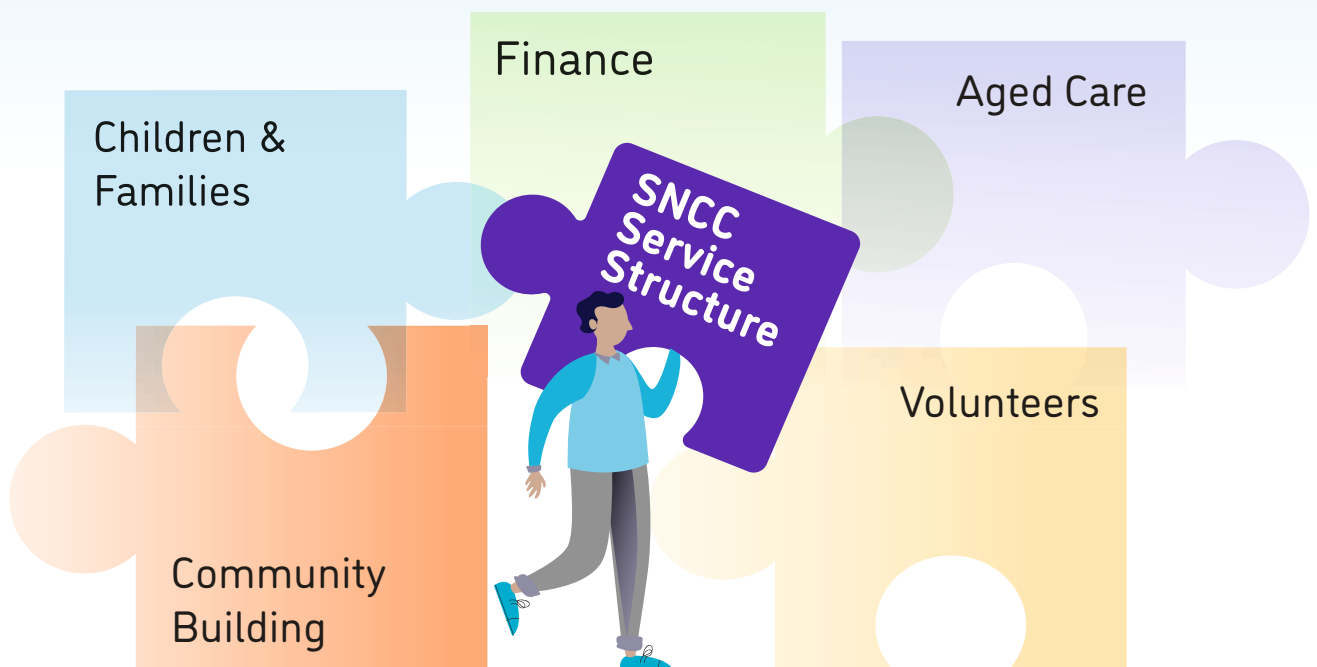
OUR VISION

We strive for a community that is vibrant, caring and inclusive.



OUR MISSION

SNCC is a community managed organisation, linking people, resources and ideas. SNCC applies the principles of social justice to the wellbeing of the community.



Members of the board

CURRENT

Diane Burn
Shane Crisford-Eade
Tracy Kane-White
Sharon Payne
Jo Ridley
Lynette Smith
Andrea Turner-Boys

PARTIAL YEAR

Keith Dowling
Cherie Brandon
Samantha Crisford-Eade

Special thanks and acknowledgement to all SNCC funding bodies and supporters

FUNDING & FINANCIAL SUPPORT

- Commonwealth Government, Department of Health
- Commonwealth Home Support Programme (initiative of the Australian Government, Department of Health)
- NSW Government, Education & Communities
- NSW Government, Department of Communities & Justice (formerly FACS)
- NSW Government, Premier & Cabinet
- Good Things Foundation

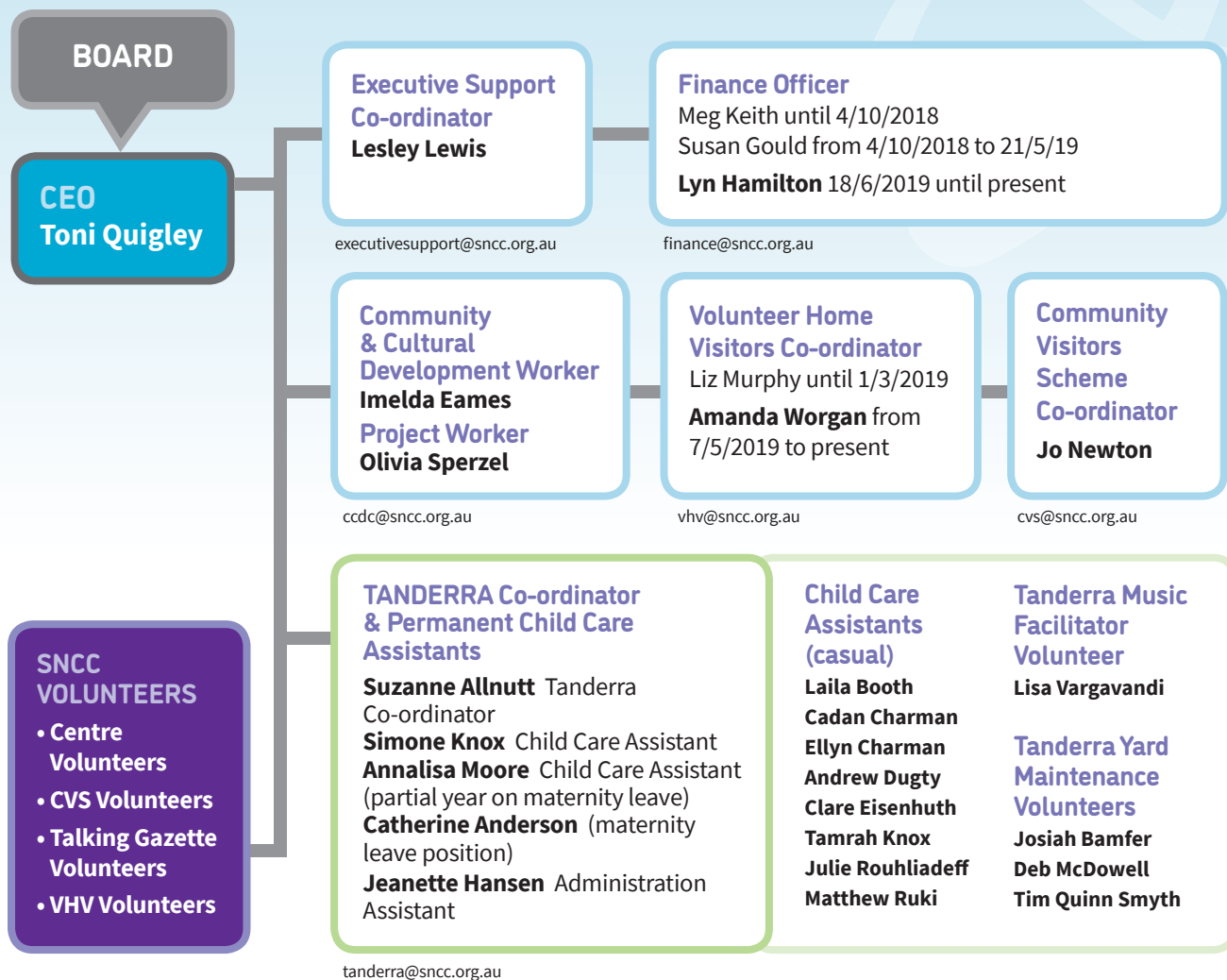
FEDERAL AND STATE MEMBERS OF PARLIAMENT

- Susan Templeman, MP (Federal Member for Macquarie)
- Trish Doyle, MP (Member for Blue Mountains)

BLUE MOUNTAINS CITY COUNCIL, MAYOR MARK GREENHILL AND ALL BMCC COUNCILLORS

SNCC THANKS ALL MEMBERS OF THE COMMUNITY for their generous donations and support during the 2018-2019 financial year, including the Springwood Chamber of Commerce and all Springwood village businesses.

ORGANISATIONAL CHART



COMMUNITY FOOD RELIEF SUPPORTERS

- Anytime Fitness, Springwood
- Bakers Delight, Springwood
- Curves, Springwood
- Gina Thomas – neighbourhood collector
- Schwarz Bakery
- SDA Church, Warrimoo
- Winmalee Neighbourhood Centre

COMMUNITY SUPPORTERS

- Springwood Florist – provides weekly flowers for our Centre
- Springwood Lloyds IGA Supermarket – provides weekly dry goods through its generous customers
- Springwood Newsagency – provides daily newspapers for our Centre
- Springwood Sports Club

LOCAL SCHOOLS & CHILD CARE CENTRES

- Carinya Neighbourhood Children’s Centre Inc.
- Ellison Public School
- Faulconbridge Public School
- Rainbow Preschool
- Springwood High School
- Springwood Public School
- St Thomas Aquinas Primary School
- Winmalee High School
- Winmalee Public School



CONSULTANTS

- Beverley Moreman, Data Diction – Data consultant
- Xandro Lombardi – Graphic Design & Strategic Branding consultant
- Ray Bennett, Com Management – Management consultant

SNCC ALSO THANKS ALL THE STAFF AT BLUE MOUNTAINS THEATRE & COMMUNITY HUB, SPRINGWOOD with whom we share “The Hub”.

LASTLY, SNCC EXTENDS THANKS TO ALL OTHER COMMUNITY ORGANISATIONS WITH WHOM WE WORK.



children and families

Centre Opens on Sundays

Continuing the tradition of the Neighbourhood Centre opening on Growers Market Sundays has been a great success with over 1920 people coming through our Centre's doors.

With a focus on children and families, the range of activities has been engaging, exciting and educational.

Dr Lindsey Gray and the Frog & Tadpole study group brought science to the Centre on Sundays. Visitors learnt about how important frogs are to our ecosystem and how the smallest changes can have a major impact on the frog population.

The focus on science and the environment at the SNCC Sunday Market Open Days proved enormously popular, with 545 people visiting the Centre, including 107 children under 5.

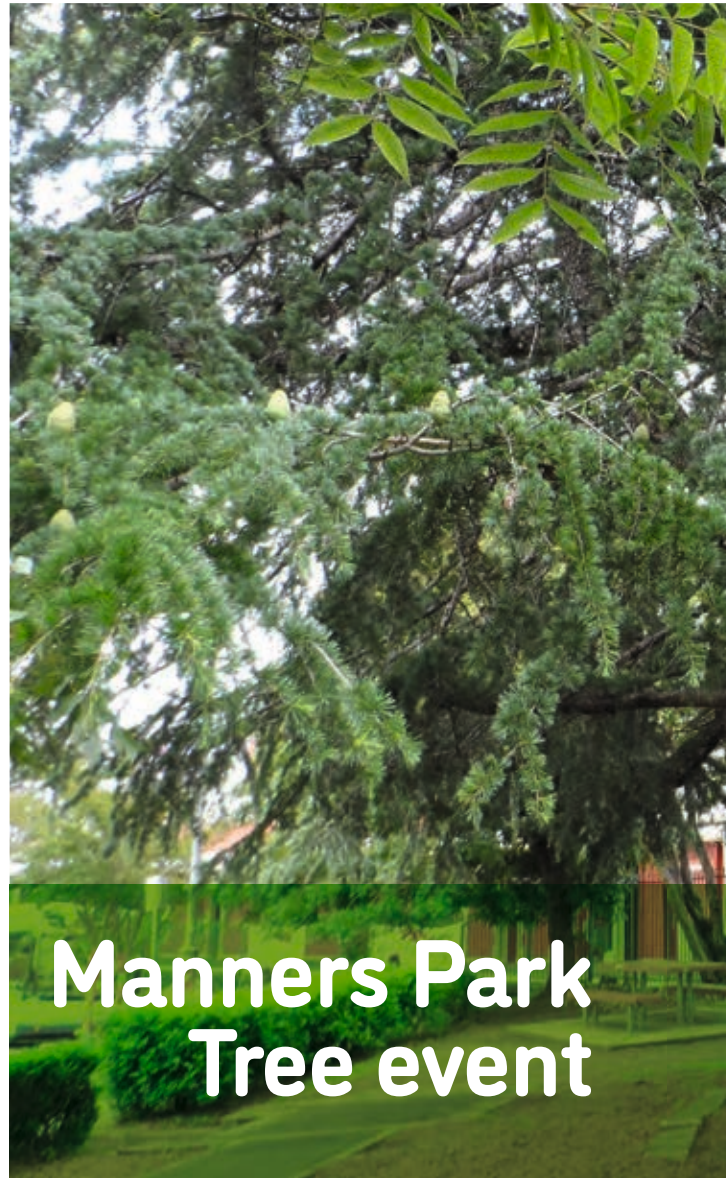
This educational, fun and hands-on way of learning continued during the year with sessions on Bees; Fossil Fun with a 3D printer, demonstrating how scientists now have the technology to recreate fossils. This year also had Robotics; a Green Screen movie special and Fair Trade chocolate.



“Mums taking care of themselves”

New mothers often put their own needs last and that can result in feeling isolated. To engage with young mothers, BMWHRC and SNCC held a baby massage session for mums and their babies.

In a relaxed environment, the group talked about the importance of self-care and other ways mothers can feel supported in their new roles.





Parents or carers who had also decorated the tree in their primary school years came along to share the experience with their children. It is wonderful to think this tradition is part of the fabric of the Tanderra and Springwood community.



NAIDOC

NAIDOC stands for National Aborigines and Islanders Day Observance Committee and its origins can be traced to the emergence of Aboriginal groups in the 1920's which sought to increase awareness in the wider community of the status and treatment of Aboriginal and Torres Strait Islander Australians.

In the 1990's its focus expanded to recognise the culture of those from the Torres Strait Islands.

Each year a theme is chosen to reflect the important issues and events for NAIDOC week.

Chris Tobin is a Dharug man, employed as a Parks and National Parks and Wildlife ranger. As an artist and educator, Chris works in the Blue Mountains and much of Western Sydney, sharing local Aboriginal heritage and culture.

He spoke about cultural plants and life for Aboriginal people before colonisation. Chris then took everyone on a cultural walk through Fairy Dell pointing out interesting plants and sharing his local knowledge.

At the conclusion of the walk the children were invited to paint up a stick with ochre in the sun on the grass in front of the HUB.





Maths Club



What do you remember about doing maths at school? Did anyone ever mention the importance of STEM? In education, the acronym STEM stands for science, technology, engineering, and mathematics. STEM education is the learning of these subjects through an integrated approach; and doing that in a way that is hands-on, and fun is something SNCC has embraced with the help of some enthusiastic volunteers.

One of these volunteers is a retired high school maths teacher who approached SNCC with the idea of offering free tutoring after school. On Thursday afternoon after school during term, high school students can access free maths tutoring in a friendly, supportive and encouraging environment. Currently Maths Club is tutoring between 2 to 5 students each week, with encouraging outcomes.

This talented and enthusiastic former teacher hopes to expand the program to offer classes specifically tailored to parents to help their children answer tricky homework questions. Learning maths is an essential life skill and helping parents make the maths journey fun for children as they progress through school is on the agenda for the year ahead. In a world where we increasingly rely on computers to do the work for us, it's nice to know there's a way to refresh those skills with someone who is calm, committed and patient.



Floundering to Flourishing

One of the many successful partnerships which SNCC has is with Gateway Family Services.

Using the expertise of the workers at Gateway we support families and family life through a range of parenting programs

All families can build resilience, belonging, safety for all children with the right support at the right time.

“From Floundering to Flourishing” is one such program which provides tools to enhance and improve kid's resilience. This and other workshops are presented on a regular basis at SNCC.

Raising Kin

An example of SNCC's level of community engagement is the Raising Kin group, now in its second year. The group developed in response to a community member who identified a need for a group to support those members of the community responsible for the full-time care of their grandchildren.

The role of kinship carers is often overlooked and the Raising Kin group at SNCC recognises the challenges for those who undertake these roles later in life. All members have their own health issues as older people. Many experience shame and distress around having to care for their grandchildren. There is a distinct difference in the traditional relationship between a grandparent and grandchild compared to one involving full-time custodial care.

To raise the profile of the group, SNCC allocated funding for the group to produce a banner, fridge magnets and flyers. The group has played an active role in hosting the Centre open days at the monthly Sunday Grower's Markets.

For the grandmother who started Raising Kin, she's gained immense satisfaction from growing and nurturing the group in conjunction with the support of SNCC. On a personal level, she's developed group facilitation skills; networking opportunities; support and friendship.

In NSW the unique challenges impacting on grandparent and kinship carers' needs to be recognised. With the continuing support of SNCC, the Raising Kin group will continue to raise the profile of these community members who up until recently have not had the opportunity to advocate for real and effective change.

A survey of the group produced the following results:

- The age range of participants was 55 to 75, with the majority being between 65 to 75.
- The age range of children in their care was between 12 months to 12 years. The period they had been a kinship carer was between less than 2 years to more than 5 years.

"Everyone I have met at the group has been friendly, supportive and open about their situation. As an older person raising children, I found myself alienated by most of my friends so meeting up with people who like me are raising children is very important. The meetings are very informative about a range of issues surrounding our relevant issues."

"From a personal perspective I think that it is a group of people with similar circumstances who feel comfortable to discuss problems and who enjoy each other's company."

"I'm looking forward to the next meeting with those lovely people who are so kind and giving."





Tanderra OOSH





Tanderra OOSH

A home away from home - that's one of the guiding philosophies of Tanderra OOSH. The service was officially given the name Tanderra in 1984, an Aboriginal word for a "peaceful or quiet resting place".

Visiting Tanderra is an experience in positivity and commitment. This commitment to providing the best possible care for children is embraced by the staff, who are always evolving their approach to reflect the latest developments in child development.

Tanderra offers before school, after school and vacation care for up to 80 children per day for each session. The service has been running since the late-1970s and has always been a popular OOSH service for the community. The family-oriented community of Springwood is the perfect environment for Tanderra to help guide and build the next generation.

Catering from ages 5-12, Tanderra services 3 local primary schools for before & after school care in a space that can be challenging at times, given the relatively small geographical space the service manages. Vacation Care is open to any 5-12-year-old child attending any school. With creativity and an understanding of how children

play and interact, the service has adopted a multizone approach, including chillout zone; TV room; front and back outdoor play areas and sandpit.

They achieve a lot with a little, and the children learn invaluable skills in negotiating and respecting the needs of other children within a space. There is also a greater sense of belonging within a smaller home environment. Staff work to provide an atmosphere where children feel included, heard and respected.

Tanderra's environment offers a sense of homeliness for children. School is left behind in the afternoons and there is an intimacy which is welcoming and helpful for children to relate to the staff and each other. There is freedom from the constraints and expectations of school, whilst still ensuring children understand and develop skills around appropriate boundaries.

Suzanne Allnutt is the Coordinator at Tanderra OOSH. She's worked at Tanderra since 1994 and is passionate about giving each child a voice and a sense of their own identity. She believes every child is special and has a place within the service.

"Tanderra's philosophy is centred around fairness,





respect and listening,” she says.

The success of Tanderra is reflected in the positive feedback Suzanne gets from parents. Sometimes children who once attended will return as teenagers and remember their time fondly.

One of the great joys for Suzanne is when children return as casual staff or to do work experience as young adults.

“I get to experience the children I nurtured as children again as adults, and this is one of the things that makes working at Tanderra so enriching.”

It is testament to the positive approach that flows through the centre, and from one generation to the next.

Looking towards 2020, Tanderra will continue to embrace diversity and advocate for the rights of all children. This includes neurodiversity and seeing this as a positive for all children. The service recognises the increasing demand for additional needs, both diagnosed and undiagnosed. Acknowledging that all children deserve respect and develop differently is key to ensuring that Tanderra OOSH remains an integral part of the Springwood community.

In the 2018-2019 reporting period there were numerous highlights and achievements for the service:

Highlights of the year:

- Tanderra Service transitioned, along with all child care services, to Child Care Subsidy, after years on the Child Care Benefit and Rebate scheme. These required changing software providers, direct debit providers and learning the new computerised system.
- Liz Perfect’s well received art classes for interested children ran for 8 weeks per term. These classes offer children the opportunity to enhance their skills and techniques as well as enjoy creative expression.
- Lisa Varjavandi’s much loved music classes take place on Tuesday afternoons. Lisa runs these classes on a voluntary basis and they are a wonderful addition to Tanderra and have been greatly enjoyed by participating children.
- Just Dance Dance Off Day on the 10th July 2018.
- Wheels Day at Glenbrook Park on the 24th April 2019.
- Zumba workshops, each vacation care period with Christian Costas are very popular!



“Tanderra’s philosophy is centred around fairness, respect and listening”



- Fencing Day on the 16th April 2019.
- On Wednesday afternoons, for most of the year, children loved attending “boot camp”. Children took it in turns to help contribute to the running of “boot camp” afternoons, experiencing decision making on which activities to include.
- Gardening and composting formed a big part of the Tanderra Service with children helping to design the gardens, plant and tend to the garden. Composting, harvesting the produce and finally eating what had been grown completed this natural cycle. A Tanderra family associated to a local nursery, kindly donated the plants.
- Front yard makeover in December 2018 was amazing. Pavers designed and decorated by the children under the guidance of artist, Liz Perfect. New shelves, pigeon holes, seats etc and external painting made the front area look fresh, new and inviting.
- Annalisa Moore took time off to have her baby boy. The children and staff bid her a fond, yet sad farewell as she took leave from March 2019.



The staff at Tanderra OOSH love what they do. Tanderra’s core values of Care, Respect and Understanding for all people and the environment are encouraged and nurtured. This will continue into 2020 and beyond.





**TANDERRA
ANNUAL
STATISTICS**

NUMBER OF FAMILIES:

146

NUMBER OF CHILDREN:

222

NUMBER OF DAYS OPEN:
BEFORE AND AFTER SCHOOL CARE

200

VACATION CARE

43

TOTAL NUMBER OF DAYS OPEN:

243

NUMBER OF CHILDREN ATSI

9

NUMBER OF CHILDREN WITH
ADDITIONAL NEEDS

9

NUMBER OF CHILDREN FROM
CALD BACKGROUND

15

TOTAL NUMBER OF BOOKINGS
BEFORE SCHOOL CARE

4,926

AFTER SCHOOL CARE

11,779

VACATION CARE

1,669

TOTAL NUMBER OF BOOKINGS:

18,374



Community Food Relief

For many of us being able to make ends meet is difficult. For some it is a constant challenge. At SNCC we recognise that, and our Community Food Relief program provides help that makes a real impact for good.

It is free and is available to anyone who drops in to the Centre.

The service is supported by local businesses and community members who continue to partner with us. Our sincerest thanks to Springwood's Lloyds Supa IGA; Springwood Curves; SDA Warrimoo Church; Gina Thomas and the generosity of residents' donations to these drop off locations.

Our partnerships with Winmalee Neighbourhood Centre, Bakehouse on Wentworth (Springwood) and Schwarz Bakery in Wentworth Falls enables fresh food to be added to non-perishable food and available in our Centre on Thursdays and Fridays. Our Centre was delighted by a surprise donation of three big bags of groceries from Callum (see below pic with his Mum). We recognise his generous donation and community care



at a young age. We also acknowledge the staff of Springwood's Commonwealth Bank who chose SNCC to receive a community donation cheque, presented by manager, David Hersant to staff members: Imelda Eames and Amanda Worgon.

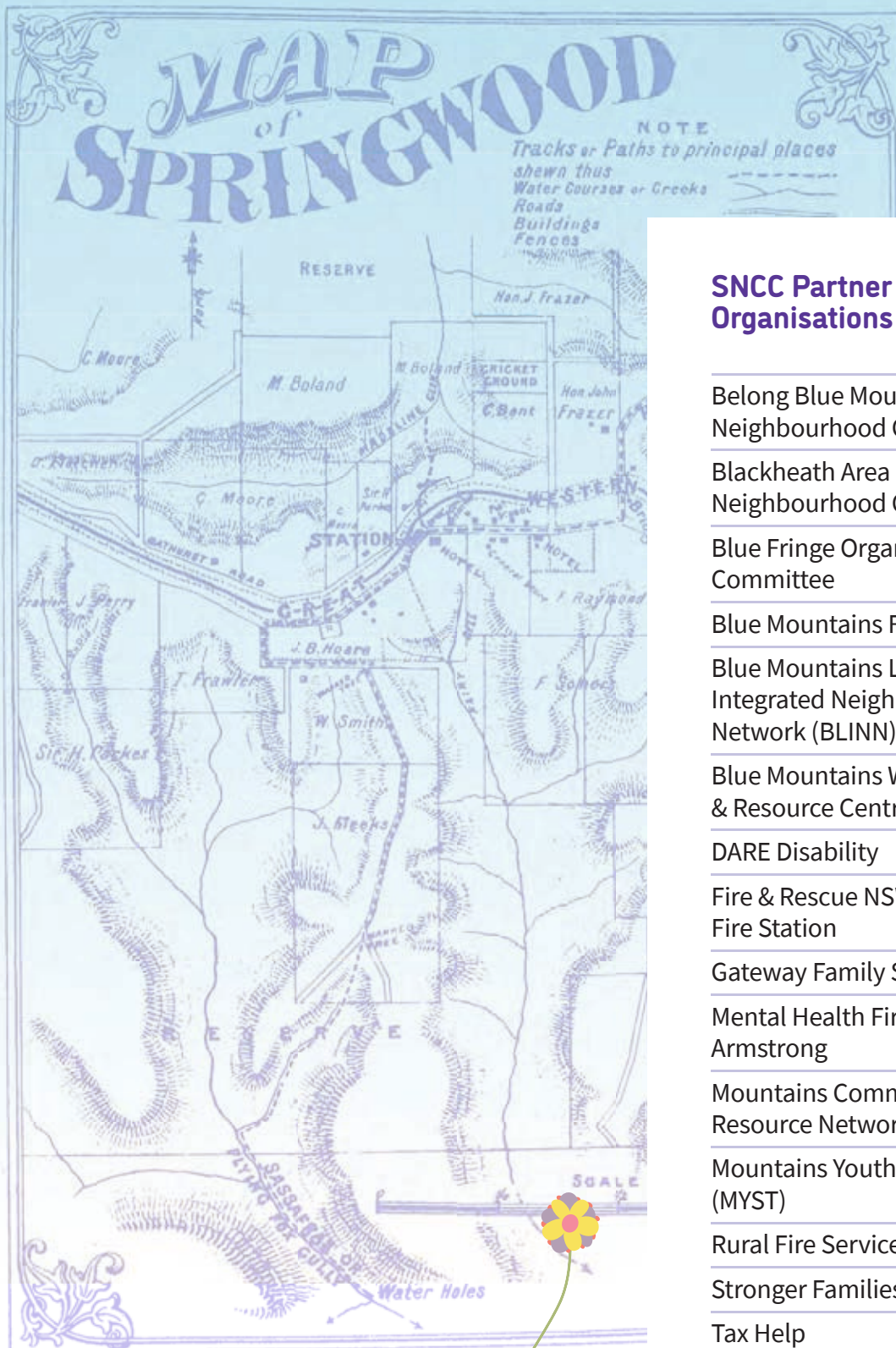
We could not offer this service to the vulnerable people in our community without the continued support of our community members and local businesses.

In the last year SNCC helped a total of **1396 families**. This included 169 children and 1227 adults.

In the last year SNCC helped a total of

1396
families





Map 1882 © Blue Mountains City Library

SNCC Partner Organisations

- [Belong Blue Mountains Neighbourhood Centres](#)

- [Blackheath Area Neighbourhood Centre](#)

- [Blue Fringe Organising Committee](#)

- [Blue Mountains Food Services](#)

- [Blue Mountains Lithgow Integrated Neighbourhood Network \(BLINN\)](#)

- [Blue Mountains Women's Health & Resource Centre](#)

- [DARE Disability](#)

- [Fire & Rescue NSW, Springwood Fire Station](#)

- [Gateway Family Services](#)

- [Mental Health First Aid – Jane Armstrong](#)

- [Mountains Community Resource Network \(MCRN\)](#)

- [Mountains Youth Services Team \(MYST\)](#)

- [Rural Fire Service](#)

- [Stronger Families Alliance](#)

- [Tax Help](#)

- [The Turning Page Bookshop on author events](#)

- [Western Sydney Institute TAFE](#)

- [Winmalee Neighbourhood Centre](#)





community



Community

The SNCC space at the Springwood HUB welcomes all members of the LGBTQI community and promotes events such as Wear It Purple Day and IDAHOT.

All staff and volunteers undertake cultural awareness and sensitivity training. Sometimes it feels like it's hard to keep up with the increasing pace of life. There are more demands on us than ever before and it can be challenging to try and stay connected.

SNCC offers time out, with a focus on connecting people, whether it be for a cup of tea, an opportunity to read the newspaper or to participate in one of the many diverse groups on offer.

The spectrum of groups continues to evolve in response to community need and one of SNCC's strengths is its responsiveness to what the community wants.

Community Development Worker, Imelda Eames has been at SNCC for three years. Central to her focus is continuing to raise the profile of the Centre's location, to nurture existing groups and assist in the development of new groups. She believes a key part of her role is to help those accessing the Centre have a positive experience where they feel included, heard and respected.

Imelda has seen a dramatic increase in the number of people accessing SNCC in the last year. Why? She sees the physical space of the Centre as inviting but believes it's the people who make it special.

"Our Centre volunteers are awesome," she says. "They're great at noticing if someone wants to do their own thing or engage."

There's also the feeling you get when you walk into the Centre. It's one of compassion and connection, and it embodies the beating heart of SNCC – the genuine need to be part of the local community.

The volunteers are a vital part of that, along with the staff who work alongside community members to develop and deliver groups and programs that are timely, relevant and genuinely enrich the lives of participants.



DIVERSITY focus



“Are You Inclusive” in Springwood

SNCC was one of the organisations in the Springwood area which took up the challenge of being formally recognised as an inclusive organisation for people living with a disability. In collaboration with Dr Annie Brennan of DARE Disability’s “Are You Inclusive” program, SNCC staff and volunteers undertook online training to ensure that people with an intellectual disability or with autism are being treated with respect when they use the service.

A successful outcome meant SNCC received its certification sticker to display on its entry doors. The success of the Springwood project has meant the program is now being rolled out across Penrith and the rest of the Blue Mountains.

DARE morning tea

Once a Month DARE Disability and SNCC partner to host a morning tea for the whole community. Held in the Centre it is a way of creating engagement opportunities for those in our community who have a disability and the broader community who may wish to strengthen their connection to people with a disability. It is a free event and the morning tea is often a space of laughter, stories and connection.



LGBTI

As part of its commitment to promoting diversity in the community and advocating for equality, SNCC continued to promote the rights of the LGBTQI community.

LGBTQI stands for Lesbian, [Gay, Bisexual, Transgender, Queer or Questioning and Intersex.

The SNCC space at the Springwood HUB welcomes all members of the LGBTQI community and promotes events such as Wear It Purple Day and IDAHOT. All staff and volunteers undertake cultural awareness and sensitivity training.



Mental Health community focus

Mental health – Blue Fringe Arts Festival

SNCC recognises the importance of supporting and advocating for mental health in the community and in October the popular and well-respected Blue Fringe Arts Festival is held as part of Mental Health Month. In its 27th year, the Festival features two main categories: literature and art.

Blue Fringe recognises the vital role creative arts play in supporting all members of the community. It continues to challenge stereotypes around mental health and recognises both the resilience and vulnerabilities of individuals who are managing mental health issues.

The Festival displays works by artists across literature and art. These range from short stories, poetry, sculpture, painting, textiles and photography.

The evolution and continuing success of the Blue Fringe Arts Festival is testament to the power of positive partnerships between several key organisations in the Blue Mountains, including: SNCC; Belong Blue Mountains; Aftercare; Ability Links; TAFE; local sponsors and volunteers.

The 2018 exhibition was a moving and inspiring display of art’s potential to impact change, both for those who create it and those who experience it.

It is yet another example of how the simplicity of sharing our stories creates a pathway for positive connection and a sense of community. The essence of Blue Fringe is beautifully captured in this example, a poem by Jamie Barhoum, published in the 2015

The Lost Art of Simplicity in Happiness

Happiness is to know what you want
And actually want it.
Is to be able to do something
And actually do it.
To love something
And actually preserve it.
To get down, get back up
And actually remember.
And appreciate it.
To love life so much
That you die living it?

compilation *Celebrating Life: through verse and story.*

Blue Fringe funded a number of Rock painting workshops in the lead up to the festival to encourage participation and to bring the conversation about mental health to the community throughout the year.

Participants commented on what they enjoyed about taking part

in the Blue Fringe Arts festival:

- “A safe place to bring sensitive art and literature into the public.”
- “It is an opportunity to express the true feelings of your mental illness.”
- “It is an opportunity to be heard, to be seen. It opens conversations. It brings mental illness out of the darkness and into the light.”
- “It was my first exhibition. It was amazing! A lot of support and help from the Blue Fringe staff. Thank you.”
- “I enjoyed the sharing of experiences though the arts”
- “The unique authenticity of it being a proper art prize”

SNCC recognises the importance of supporting and advocating for mental health in the community.

Blue Arc

The members of Blue Arc have been following through with the issues identified in their community survey. In October 2018, many of these issues were addressed at the Planning for Animals in Emergencies Seminar. From very small to very large animals the particular needs were discussed with many resources and information shared.

The Blue Arc group was honoured to receive a Highly Commended Community Award from the NSW Resilient Australia Awards.





Mental Health First Aid

SNCC, Winmalee Neighbourhood Centre and Blackheath Area Neighbourhood Centre have been working for the last 2 years with Principal Facilitator Jane Armstrong to bring training to the Blue Mountains community in Mental Health First Aid.

The various training options include:

- Standard MHFA
- Youth MHFA
- MHFA for the suicidal person
- MHFA for the older person.

Jane brings a wealth of knowledge and professionalism to her training role and her dedication to building

the social capital of the mountains is inspiring and rewarding for those who attend the training and for the three neighbourhood centres involved.

Jane has facilitated nine workshops across the Mountains in the last year.

Art Social Group

Christeen Hull is the facilitator of Art Social, a group that meets 4 times a month. During the year the group was fortunate to have the highly qualified and respected artist Owen Thompson do a workshop on watercolour techniques. Christeen also organised the 4th annual pop-up exhibition of the work of Art Social's members, held at the Presbyterian Hall.



Peers in Recovery

Working in partnership with Belong Blue Mountains Neighbourhood Centre it was recognised there was a gap in a generalised support group for people with a lived experience of mental health issues.

Peers in Recovery is a monthly support group that aims to increase connections, reduce stigma, reduce isolation, increase awareness and increase resilience for our community.

Artscope Group

As part of SNCC's commitment to supporting people with a lived experience of mental illness, Artscope continues to flourish.

Under the watchful eyes of Alyssa Smith and Sally Gershbach, the Artscope program supports artists to express themselves through various mediums and gives them the opportunity to gain exposure and exhibit their works in the community.

Artscope runs twice monthly. Proceeds from art exhibited and sold by participants is donated to SNCC for its emergency food and community transport funds. It's a true example of the potential of creativity and altruism and a reminder that art plays an enriching role in all our lives, more than just aesthetics.

From handmade card making, to creating bath bombs, stencilling and much more, Artscope offers a regular opportunity to connection and artistic expression. From August to October the program focuses on giving artists space and guidance to prepare their submissions for the annual Blue Fringe festival.





Groups and Activities

Exercise at Ellison



There have been some changes over the past year at Exercise at Ellison, with Gillian Powell focusing on facilitating Functional Fitness, leaving Kath Thorburn at the helm. Despite the changes the group continues Mondays and Wednesdays, with the possibility of a weekend class depending on the availability of the facilities at Ellison Public School. Participation rates remain strong, with 233 working up a sweat over a 6-month period.

Qi Gong

The literal meaning of Qi Gong is energy work and is an Asian form of yoga that has been practised for thousands of years. At SNCC classes are taught by Anna Fisher, both inside and outside the Blue Mountains Community HUB on the front lawn during the warmer months.

Qi Gong replaced Tai Chi classes and over half of the former Tai Chi participants now attend the new classes. There are similarities and differences between the two, but both offer a gentle flowing way to access and align the body's energy systems.

The benefits of Qi Gong are significant: improved physical fitness; stress reduction; improved focus and balance. For some, the practice is deeply spiritual and for others it is simply about feeling good. New friendships are developing within the cohort and there is an opportunity to learn and develop new skills thousands of years in the making.



FUNctional Fitness



Learning to move and strengthen the body in a way that makes doing everyday tasks like carrying the shopping from the car to the house is what functional fitness is all about. This has been one of the great success stories of the 2018/2019 reporting period.

New facilitator Gillian Powell has participants revved up and pushing themselves each week out of the LKM Dance Studios at Faulconbridge.

“It’s the highlight of my week!” reported one regular participant.

Gillian breaks those attending into small groups and they work together in a circuit, focusing on different exercises targeting posture, strength, mobility and movement over the course of an hour.

With formal qualifications in Fitness (Cert 3 & 4 in Fitness) as well as a Bachelor of Science (Honours) specialising in Anatomy and Physiology, Gillian is well qualified to facilitate and guide the group and provide specific advice when required. She has recently completed further training in rehabilitation and injury management, specifically, Rehabilitation Support and Musculoskeletal Conditions.

It’s safe to say the enthusiastic participants are in excellent hands. With 311 participants in 18 sessions, the numbers don’t lie.

Recycle, Redesign, Recreate (RRR)

Embarking on study after school can be a daunting experience for adult learners. Whether it be a short course at community college, online training, a course at TAFE or university, there are challenges that can act as a deterrent.

These challenges can include the anxiety associated with undertaking study in a formal environment, or other factors such as access and disability.

In partnership with TAFE, SNCC ran an 8-week outreach program called RRR: Recycle, Redesign and Recreate. It was designed to cater for those community members who wanted to learn the skills to run a microbusiness such as a market stall but were unable to attend a TAFE campus.

The accessible and welcoming atmosphere of SNCC was the perfect space for RRR. Once the 8-week course concluded, members of the group approached SNCC to see if they could continue to meet to socialise and keep developing the craft making skills learnt during the course.

Come along to the Centre on a Wednesday afternoon and you will find group members making all sorts of craft from recycled materials, socialising and connecting in a way that embodies the underlying ethos of SNCC. New members are always welcomed with open arms, a cup of tea and a ton of creative energy.



Yoga

One of our most popular activities is the Yoga for relaxation led by skilled facilitator, Elizabeth Godleman. Focussing on the benefits of relaxation, regulars continue to report the experience as one they enjoy and look forward to each week. This has also encouraged many of the participants to stay connected to the community and build relationships.



Sing-A-Long

Singing is one of life's great joys. There are endless benefits that are now being formally acknowledged and singing is increasingly being used in places such as aged care facilities to improve the health and wellbeing of residents.

In 2018, the Sing-A-Long program ran at 3 local venues with over 274 participants: The Uniting Church; Opal Endeavour Opal Assisted Living; and the Blue Mountains Community HUB.

The impact of the program varied between each group, but improved memory function was notable through the learning of new songs. Every participant said they were in a better mood by the end of each session, and even a little "buzzed". All of those attending said they felt connected with one another and there was no shame associated with getting involved.

"It didn't matter if you had a great voice or were a little tone deaf, everyone just loved it," said one Sing-A-Long participant.

The levity and relationship between the conductor and participants were highlights of the program and everyone enjoyed the enthusiasm and positivity that was brought to each session.

Those with dementia had improved cognitive awareness after each 1-hour session according to carers, who also noted obvious changes in their client's capacity for recall and a greater ease of communication. These improvements were noticed up to 4 hours after each session, and the positive impact for both participants and their carers cannot be underestimated.

"It was so nice to be able to request a song I used to sing when I was young," recalled one participant. "I also loved the karaoke style."

Two of the Sing-A-Long sessions continued in 2019. Opal Endeavour adopted the program as part of its new lifestyle program and the program continues at the HUB Dining Room in partnership with Blue Mountains Food Services and led by the wonderful volunteer, Gillian Taylor-Reynolds.



Shine Choir

Acknowledging the positive impact of singing in the lives of community members has also been realised through the Shine Choir which has had over 312 people take the leap and sing their hearts out. Shine Choir celebrates its 7th year and continues to welcome new members who are happy to sing regardless of musical expertise.

The Choir rehearses every Monday night at the Uniting Hall under the guidance of conductor: Nikki Giezekamp. Additional conductors Nikki Canning and Carole Goodwin have also joined Shine and the standard of the Choir's performances continue to go from strength to strength. Shine singers are supported by their talented accompanist Phillip Menzies who plays the guitar, violin, drum, ukulele and recorder!

Shine Choir regularly performs at: The Uniting Church for the Uniting Care residents; the HUB in Springwood for the Seniors' Christmas Lunch; the Presbyterian Church in Macquarie Road to coincide with Christmas late night shopping and in 2019 at the Blaxland Community Centre for Blue Mountains Food Services and at Lewin Lodge.



EVENTS

International Women's Day

The 8th of March each year is celebrated as International Women's Day. This year SNCC and Women with Altitude collaborated to host the annual breakfast.

More than 80 women gathered to share experiences and hear from two speakers; Heather Shepard and Libby Bleakley. Financial Advisor Heather Shepard shared stories from working with women around their financial security, and the importance of women being supported to consider their superannuation options so they can accrue as much as possible to live independently.



Libby Bleakley, a former police officer who now devotes her time to philanthropic work in Timor-Leste, spoke of her experiences and what motivates her.

Both speakers brought a profound knowledge and dedication to their roles, the people they work with and were very generous sharing their stories with the audience.

TAX HELP

Bill Knagge, our wonderful Tax Help volunteer, helps people in the local community complete their tax returns online. This service typically runs from August to October each year.

Resilience and Preparedness “Get Ready”

Each year SNCC participates in activities which support the community in its preparedness for the upcoming bush fire season.

As part of the Blue Mountains “Get Ready” month, SNCC and the Faulconbridge Rural Fire Service joined forces to provide information and advice to many locals who had gathered to understand how best to be prepared in such an emergency.



Regional Events and Training



As part of its connection with the community, SNCC offered several wonderful events through the year that may otherwise have been missed.

With the assistance of the Turning Page Bookshop in Springwood, our Regional Events and Training Coordinator organised 2 author events and there are more planned in the coming year.

Author Stephen Gapps spoke about his work “The Sydney Wars” on Saturday 28 October. His book tells the story of military engagements between Europeans and Aboriginal Australians in the first 30 years of colonial Sydney.

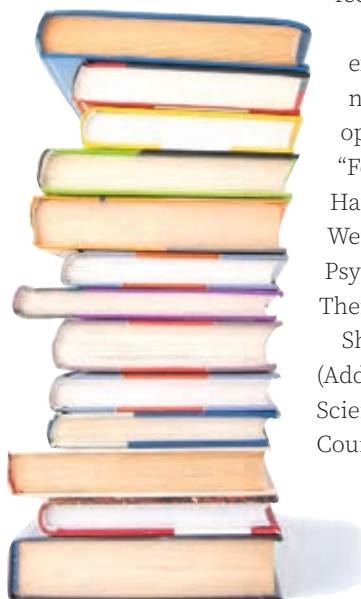
On 2 June, we held a very successful book launch for former AFP Officer, humanitarian and author Libby Bleakley at the Blackheath Golf Club. Libby’s book launch assisted in raising much needed funds for the Sentru Formasaun Ba Juventude (Centre of Learning for Youth)

in Timor-Leste. This is one of Libby’s passions, and she is the co-founder and project manager.

Both these events were well attended, and the feedback was enthusiastic and positive.

Being a mother is a deeply rewarding experience, but the stress associated is not something we tend to acknowledge openly. On 23 March, we held the “Focus on Becoming a Calmer and Happier Mum, A Relaxing Morning” with Wendy Gilroy. Wendy is a Sydney based Psychologist and Women’s Counsellor and Therapist.

She holds a Masters in Social Science (Addiction Studies); a Bachelor of Social Science (Psychology); and a Diploma of Counselling. All who attended said they felt comfortable and said it was extremely helpful and relevant to their lives.





aged care services



Aged care services

The wellbeing of older members of the community is one of the key focus areas of SNCC.

Increasingly the links between social connection and positive life outcomes are being recognised. These are reflected in SNCC's approach to delivering services to our older members of the community.

SNCC's groups and activities focus on enabling our community members to make enduring connections and access services when required. The Dementia Support Group is one such example.

Dementia is the term used to describe a loss of memory, cognitive and physical functioning. There are many types of dementia including: Alzheimer's disease; vascular dementia; frontotemporal dementia and Lewy body disease. It can happen to anyone but is more common in those over 65.

Dementia is the second leading cause of death in Australians. In 2019 it is estimated that nearly 450,000 people in Australia have been diagnosed with dementia, and this number will increase exponentially as the population ages and life expectancy increases.

Dementia Australia estimates that almost 1.5 million people in Australia are involved in the care of someone living with dementia. Caring for someone with dementia puts an extraordinary strain on families and friends.

The Dementia Carers Support Group meets bi-monthly in Springwood and provides invaluable support to those living in the local area. In total 128 instances of support to carers took place.

The Dementia Carers Support Group offers support, advice, understanding and information in a friendly and non-judgemental environment. The group aims to bridge the isolation gap experienced by some many people caring for someone with dementia.

Anyone who is caring for someone with dementia is welcomed with open arms.



Outings and Adventures

Regular outings for community members create a sense of adventure and connectedness with other participants and the wider community. On bus and train, SNCC volunteers and group participants headed out regularly during the 2018/2019 year to a variety of destinations.

These included the Premiers Gala Concert for Seniors, a spectacular event always enjoyed by those who attend. On a sunny day in late May, an intrepid group headed to the Australian Pioneer Village at Wilberforce for its annual market day.

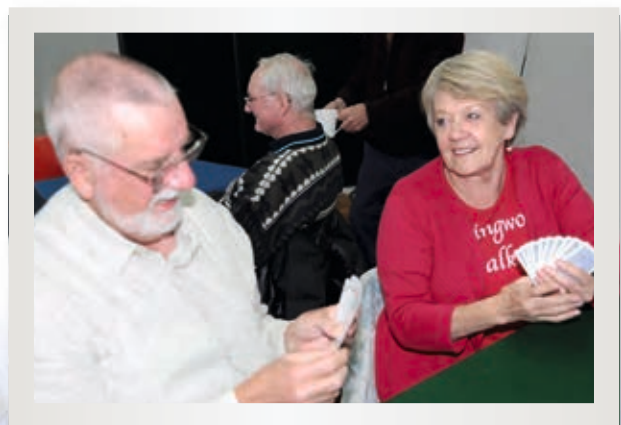
Without the help of the SNCC volunteer “Magic Bus” drivers and other volunteer helpers none of these enriching outings would have been possible. SNCC acknowledges their generosity and help in making these experiences possible for members of the community.

SNCC prides itself on continuing to deliver groups and activities for the community that are inclusive, nurturing, welcoming and positive. We are always open to new ideas and welcome your input at any time. If you have an idea for a group, activity or outing, please come and see us. We are always keen to work alongside you.

Whether it be the long running Open Door Group, the weekly Social Cards Group or the Knit and Yarn Group,

SNCC welcomes all community members with a sense of warmth and inclusivity.

We continue to work in partnership with local businesses and organisations such as Blue Mountains Food Services to offer “Meet N Eat” lunches for community members over 65. For \$10, each lunch has a theme, entertainment and an opportunity to develop friendships that last for years. These continue to be extremely popular and will continue next year. We’re all ears to new themes for upcoming lunches, so if you’re feeling inspired come and see us at the SNCC space at the HUB.



Volunteer Home Visitors

The volunteers who are part of SNCC's Volunteer Home Visitors (VHV) scheme deliver services to the community that cannot be underestimated. Whether it be visiting someone once a week for a cup of tea, or helping with the shopping, the volunteers involved in VHV offer support and friendship. In the 2018-2019 year, our wonderful volunteers made 1976 visits to clients in the community.

There are three main categories VHV supports:

- people aged 65 and over;
- Aboriginal and Torres Strait Islanders aged 50 and over;
- and people who are at risk of homelessness.

The VHV scheme is centred around the idea of supporting people so they can stay in their own home and live independently. The clients supported by the VHV scheme volunteers need support for diverse reasons. These range from social isolation to physical frailty or disability. It can include the inability to access public transport, a seemingly simple thing that can make life virtually impossible without support.

Dot's story is just one example of how important the VHV scheme is in the Springwood community.

Dot has lived alone for 6 years since the death of her husband. She has a loving and supportive family, but they don't live in the same area. Last year she had major surgery that impacted on her vision, and suddenly she was unable to drive. This made life tough for Dot who suddenly found herself without the capacity to go shopping, visit her family and attend medical appointments.

Through a referral to SNCC, Dot was matched with a volunteer to help. "I was really scared when the doctors told me I couldn't drive," she says. "But the volunteer has been able to help me get to the shops and we've made such a nice connection, I really look forward to our trips each week."

What that volunteer offers Dot is more than just a taxi service. It's helping rebuild her confidence and reclaim her independence. She's now optimistic she will be driving again soon once she's fully recovered. The VHV short term intervention has been a vital part of her recovery.



SNCC's volunteers are generous with their time and generous of heart. They quietly offer their support to help older members of the local community. The support they offer may be brief for some and longer for others, depending on each person's individual circumstances. The positive impact of that support is worth a lifetime for someone facing challenges in their daily lives. For some, support can be ongoing over a period of years, forging meaningful social connections and deep friendships between volunteers and their clients.

Whether it be companionship, transport or shopping assistance, the VHV scheme volunteers continue to demonstrate selflessness and empathy for their clients. While only required to commit to two hours a week or fortnight, many volunteers spend much more time with their clients, going on social outings and making connections with other networks from Valley Heights to Linden and as far north as Hawkesbury Heights.

Being a VHV volunteer is both rewarding and challenging, with some volunteers experiencing grief at the loss of a client. SNCC offers extensive training and ongoing support for its volunteers.

For those clients who transition from home into an aged care facility, the relationship can continue once they are transferred to the Community Visitors Scheme. This potential for continuity is beneficial to both volunteer and client.



Dancing in period costume, some of the entertainment enjoyed on the bus outing to Australiana Pioneer Village

Community Visitors Scheme

SNCC has been the proud auspice of the Community Visitors Scheme (CVS) for the last 25 years. A revised funding structure will see SNCC partner with Belong Blue Mountains.

Like the VHV scheme, the CVS provides connection and support for people living in an aged care facility or in their own homes.

The scheme aims to alleviate social isolation and loneliness and there were approximately 370 visits over 800 hours over the period covered by this annual report.

Once a week CVS volunteer Lynne visits Pat. Sometimes they go up to Springwood for a hot chocolate and do some shopping, or simply stay home and have a cup of tea and catch up.

“Mainly what we do is talk and laugh,” says Pat.

“Visiting Pat is like coming over to see your best friend,” adds Lynne.

Jo Newton, CVS Coordinator says of the volunteers, “You are such kind and caring people, and without you the Community Visitors Scheme would not exist, so a huge thank you!”

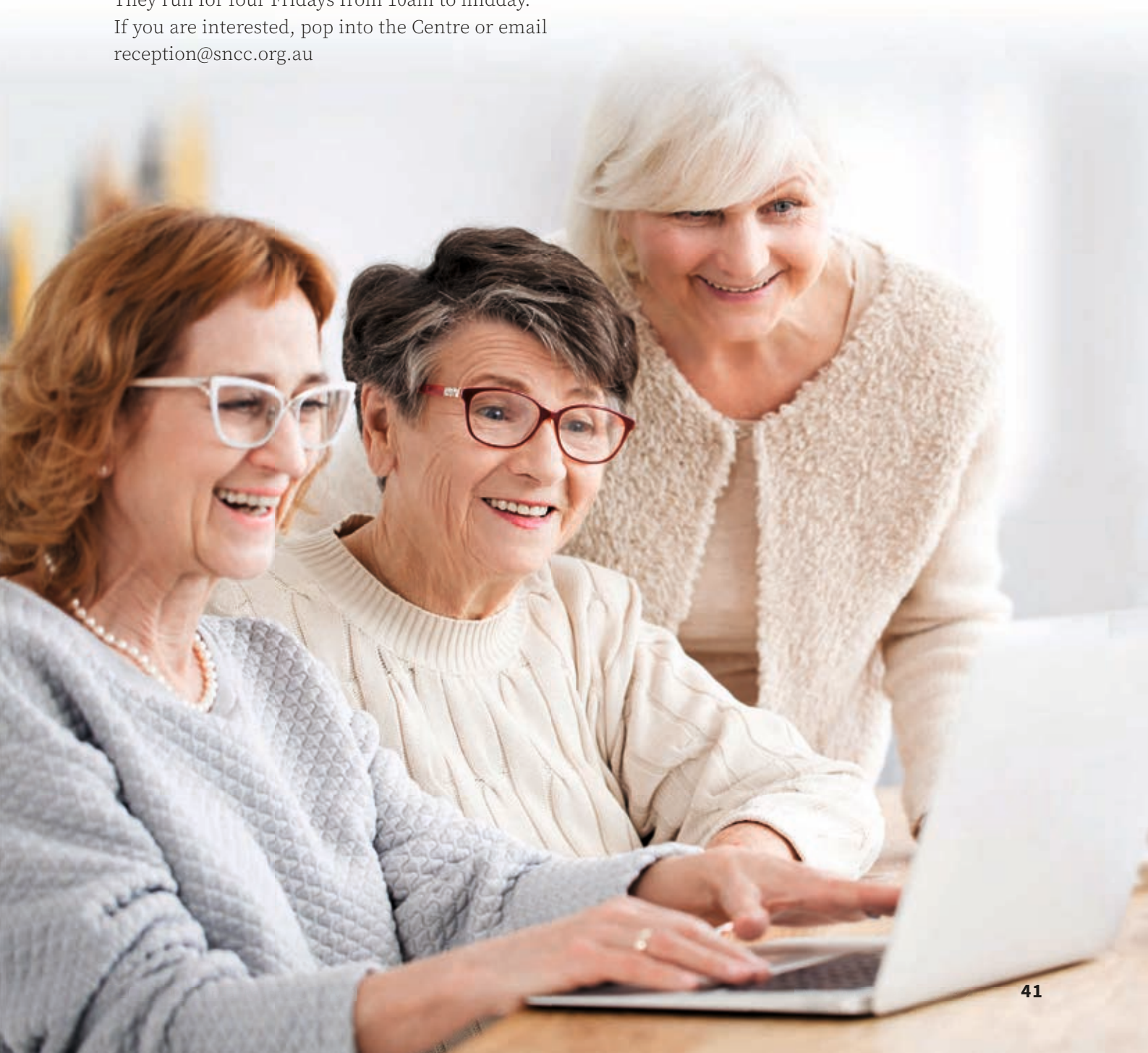


“Be Connected”

Be Connected is a free Australian Government initiative aimed at increasing the confidence, skills and online safety of older Australians when they use the internet and everyday technology.

During the week our Digital Mentors, Diane and David are available to assist community members with technology. If you or someone you know is interested, then either drop into the Centre and speak to our front desk volunteers or call our main number: 02 4751 3033

Our computer class tutor, Laurette, runs small groups with the Windows based laptop computer environment. They run for four Fridays from 10am to midday. If you are interested, pop into the Centre or email reception@sncc.org.au



OUR FINANCIALS



TREASURER'S REPORT

This financial year has been a challenging one for many organisations in the community sector. There remains much uncertainty regarding future funding and SNCC, like many others, is looking to diversify income streams and carefully manage ever increasing operating costs.

Our audited accounts for the 2018-2019 financial year shows a small deficit and an improvement on last year's financial performance. While there is no such thing as a good deficit, we congratulate the SNCC management and staff for their vigilance in constantly working to contain costs and achieve savings while maintaining a high level of quality services to our local community.

During the year, income across the Co-operative was lower than in the previous year, with a significant proportion of this represented by a reduction in grant funding. It is a credit to Toni and her team that operating expenses were also reduced in order to manage the SNCC budget.

All insurance and utilities expenses increased through the year and we expect this will occur again in 2019-2020. We are also aware of other issues that will face SNCC over the coming year, for example, government funding to cover Award wage increases will not keep pace with the actual percentage of the mandated increases our staff so richly deserve. This situation will require continued creative thinking by Board members and staff to protect the financial position of SNCC and to ensure we build a strong foundation for future years.

Overall, SNCC has a healthy balance sheet, demonstrating that the organisation is solvent. We have accrued funds to cover all staff entitlements and grants received in advance, we hold provisions against future financial requirements and our property assets are sound. This situation gives me great confidence



and I hold no fears for our continued ability to make a positive contribution to the community we serve.

The SNCC Board and management team have been actively seeking opportunities to diversify our funding streams and program offerings, while also ensuring that we meet all our contractual and legal reporting responsibilities.

We have recently welcomed Lyn Hamilton as SNCC's finance worker and already she is making a difference to our understanding of SNCC's finance processes. Lyn has joined Toni and Lesley to consolidate our strong management and administration team in providing essential support and information to the Board to enable sound decision making.

The Board looks forward to continue working with staff, volunteers, funding bodies and community members to ensure the ongoing financial health and vibrant character of SNCC into 2019-2020.

Sharon Payne

Treasurer

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AUDIT CERTIFICATE

Standard full Audit Certificate by a Qualified Accountant in respect of Community Funded Organisations.

I, Sue Ann Wingate, of Shop 9, 100 George Street, Windsor NSW 2756, being a qualified accountant within the meaning of the Community Funding Program, do hereby certify that I have examined the books and financial records of **Springwood Neighbourhood Centre Co-operative Limited**.

In my opinion the financial statements present fairly the financial position of the organization and the results of its operations for the year ended 30 June 2019 in accordance with the Australian Accounting Standards.

I have satisfied myself that:

- a) Establishment of all reserves/provisions is justified and represents funds set aside for Long Service Leave, Annual Leave and Replacement Sick Leave.
- b) Payments to associated and/or affiliated bodies have been adequately disclosed.

Signed



Sue Ann Wingate, FIPA

Date: September 18, 2019

Qualification: Fellow, Institute of Public Accountants'
No: 104947

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Sydney NSW 2000

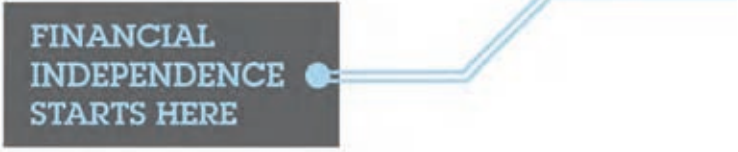
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INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF SPRINGWOOD NEIGHBOURHOOD CENTER CO-OPERATIVE LIMITED

Report on the Financial Report

I have audited the accompanying financial report of Springwood Neighbourhood Centre Co-operative Limited, being a special purpose financial report, which comprises the Statement by Members of the Board of Management, the Statement of Comprehensive Income, the Statement of Financial Position, the Statement of Accounting Policies and explanatory notes for the financial year ended 30 June 2019.

Board of Management's Responsibility for the Financial Report

The Board of Management of the Co-operative is responsible for the preparation and fair presentation of the financial report in accordance with Australian Accounting Standards (including Australian Accounting Interpretations). The Board of Management is responsible for such internal control as management determines is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error, by selecting and applying appropriate accounting policies, as stated in Note 1, and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

My responsibility is to express an opinion on the financial report based on my audit. I conducted my audit in accordance with Australian Auditing Standards. Those Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

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Independence

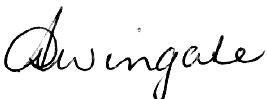
In conducting my audit, I declare that I have complied with the independence requirements of the Australian professional ethical pronouncements and the Corporations Act 2001.

Auditor's Opinion

In my opinion:

- i) The financial report gives a true and fair view of the financial position of Springwood Neighbourhood Centre Co-operative Limited as at 30 June 2019, and of its performance and its cash flows for the year ended in accordance with the Australian Accounting Standards; and
- ii) the financial report also complies with the accounting policies described in Note 1 to the financial statements.

Signed on: September 18, 2019



Sue Ann Wingate, FIPA
Institute of Public Accountants

Liability limited by a scheme approved under Professional Standards Legislation

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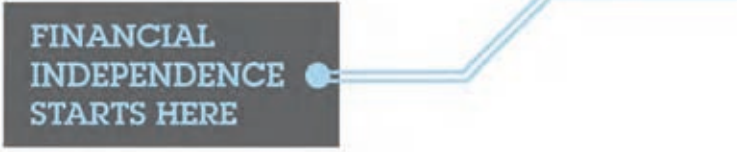
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Springwood Neighbourhood Centre Co-operative Ltd

PROFIT & LOST STATEMENT 01 JULY 2018 TO 30 JUNE 2019

	2018-2019	2017-2018
INCOME		
SNC Operating Grant & ERO - FACS	\$201,664	\$196,260
CVS Funding - DoH	\$23,539	\$45,365
CVS - Funding Belong	\$19,950	\$0
VHV Operating Grant - DoH CHSP	\$65,563	\$63,305
VHV Social Inclusion - Belong DoH CHSP	\$19,347	\$21,483
VHV Social Transport - KNC	\$0	\$460
Good Things Foundation - Be Connected Grant	\$2,000	\$0
Mental Health Month Grant	\$1,017	\$0
Tanderra Vacation Care - DET	\$10,021	\$9,185
Tanderra - Centrelink Paid Parental Leave	\$6,618	\$0
Tanderra Childcare Fees	\$223,113	\$295,690
Tanderra DEDU DoSS Fees	\$251,466	\$187,427
Donations & Fundraising	\$9,372	\$18,515
Interest	\$4,820	\$6,858
Memberships	\$559	\$275
Projects & Events	\$36,244	\$40,585
VHV Groups	\$10,910	\$19,916
TOTAL INCOME	\$886,203	\$905,324
EXPENSES		
Employment Expenses	\$682,554	\$659,197
Insurance	\$11,216	\$9,999
Operational Expenses	\$123,095	\$176,676
Projects & Events	\$38,377	\$35,706
Rent Expenses & Utilities	\$50,059	\$47,923
Venue Hire	\$14,791	\$20,455
Volunteer Expenses	\$6,242	\$11,327
Grants Expended	\$292	\$4,766
TOTAL EXPENSES	\$926,626	\$966,048
OTHER INCOME		
Funds Carried Forward	\$56,907	\$64,957
Internal Charges Received	\$109,854	\$99,018
TOTAL OTHER INCOME	\$166,761	\$163,975
OTHER EXPENSES		
Unexpended funds and transfers from Reserves	\$5,834	\$36,245
Internal Charges Paid	\$109,854	\$99,018
Building Use	\$20,000	\$0
Capital Improvement - Tanderra Kitchen	\$0	\$22,000
TOTAL OTHER EXPENSES	\$135,688	\$157,263
NET PROFIT / (LOSS)	(\$9,350)	(\$54,013)

Springwood Neighbourhood Centre Co-operative Ltd
BALANCE SHEET AS AT 30TH JUNE 2019

	2018-2019	2017-2018
ASSETS		
Current Assets		
Bank Accounts & Petty Cash	\$110,230	\$88,912
Co-op Debtors	\$0	\$15
Term Deposits	\$237,460	\$313,759
Non Current Assets		
Land & Buildings	\$1,200,833	\$1,206,358
TOTAL ASSETS	\$1,548,523	\$1,609,045
LIABILITIES		
Grants in Advance	\$32,023	\$56,098
Leave Provisions	\$86,757	\$92,757
Employment Liabilities	\$3,521	\$7,734
Holding Deposits	\$13,200	\$15,860
Trade Creditors	\$0	\$75
GST Liabilities	\$8,425	\$3,340
Unexpended Funds	\$7,681	\$10,854
Other Provisions	\$56,979	\$73,040
TOTAL LIABILITIES	\$208,586	\$259,758
NET ASSETS	\$1,339,937	\$1,349,287
EQUITY		
Retained Earnings	\$528,287	\$582,299
Asset Revaluation - Land	\$821,000	\$821,000
Current Earnings	(\$9,350)	(\$54,013)
TOTAL EQUITY	\$1,339,937	\$1,349,287

NOTES TO AND FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 30 JUNE 2019

NOTE 1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

The financial report is a special purpose financial report that has been prepared for the use by the members of SNCC in order to satisfy the reporting requirements of the Corporations Act 2001 and in accordance with Australian Accounting Standards.

The financial report covers Springwood Neighbourhood Centre Co-operative Limited as an individual entity.

The following is a summary of the material accounting policies adopted by the Board Directors who have determined that such policies are appropriate to meet the needs of the members in the preparation of the financial report. The accounting policies have been consistently applied unless otherwise stated.

A) Basis of preparation

The financial report has been prepared on an accruals basis and is based on historical cost and does not take into account changing money values or, except where stated, current valuations of non-current assets for which the fair value basis of accounting has been applied.

B) Accounting Policies

a) Plant and Equipment

Each class of property, plant and equipment is carried at cost less, where applicable any accumulated depreciation and impairment losses.

The carrying amount of plant and equipment is reviewed annually to ensure it is not in excess of the recoverable amount from those assets. The recoverable amount is assessed on the basis of the expected net cash flows that will be received from the assets employed and subsequent disposal.

The expected net cash flows have not been discounted to present values in determining the recoverable amounts.

All other assets acquired during the year have been expenses at the date of purchase.

b) Depreciation

The depreciable amount of all fixed assets are depreciated over the useful lives of the asset to SNCC commencing from the time the asset is held ready for use.

The asset residual values and useful lives are reviewed, and adjusted if appropriate, at each balance sheet date.

Springwood Neighbourhood Centre Co-operative Ltd

NOTES TO AND FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 30 JUNE 2019

c) Employee benefits

Provision is made for the liability for employee entitlements arising from services rendered by employees to balance date. Employee entitlements have been measured at the amount expected to be paid when the liability is settled. The Board of Directors has determined that these amounts are adequate.

d) Provisions

Provisions are recognised when Springwood Neighbourhood Centre Co-operative Limited has a legal or constructive obligation for which it is probable that the outflow of economic benefit will result and that the outflow can be measured reliably. The Board of Directors has determined that these outflows are adequate.

e) Cash and Cash Equivalents

Cash and cash equivalents includes cash on hand, deposits held at call with banks or financial institutions, short term highly liquid investments and bank overdrafts.

f) Revenue

Interest revenue is recognised on a proportional basis taking into account the interest rates applicable to the financial asset.

Revenue from the rendering of service is recognised upon the delivery of the service to the customers and is measured at fair value of the consideration received or receivable after taking into account any trade discounts and volume rebates allowed.

g) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office. In these circumstances, the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the balance sheet are shown inclusive of GST.

Springwood Neighbourhood Centre Co-operative Ltd

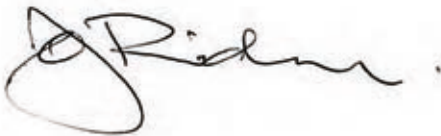
STATEMENT BY MEMBERS OF THE BOARD DIRECTORS

For the year ended 30 June 2019

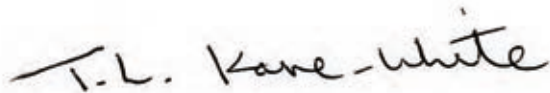
In the opinion of the Board Directors the Statement of Financial Position, Statement of Financial Performance and Notes to the financial Statements:

- i) Give a true and fair view of the financial position of Springwood Neighbourhood Centre Co-operative Limited as at 30 June 2019 and its performance for the year ended on that date in accordance with Australian Accounting Standards, mandatory professional reporting requirements and other authoritative pronouncements of the Australian Accounting Standards Board and Corporations regulations.
- ii) Establishment of all accruals is justified, and
- iii) A full and complete set of financial records has been maintained, and
- iv) At the date of this statement, there are reasonable grounds to believe that the association will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Board Directors and is signed for and on behalf of the Board Directors by:



Director, Joanne Ridley



Director, Tracy Kane-White

Dated this Eighteenth day of September, 2019.



 volunteers



SNCC Volunteers

SNCC's volunteers' involvement with many activities ensure our community members stay engaged and connected thus supporting a resilient and vibrant community.

Our social support activities connect people through music, art, leisure and health. A growing area of engagement are our digital mentoring and training programs where help with laptops, tablets and smart phones is available.

Volunteers also provide much needed administrative support to the staff in the Centre.

Volunteering Training and National Standards

SNCC continues to support and integrate the National Standards for Volunteer Involvement and these eight standards are incorporated in all that we do as well as being highlighted in our training schedule.

Training sessions attended by SNCC volunteers this financial year include:

- Are You Inclusive training by DARE Disability
- Data entry training
- Digital mentoring for Centre volunteers
- First Aid training
- General awareness on community organisations and SNCC Services
- My Aged Care website and portal awareness training
- Safety for seniors
- Setting limits and boundaries when volunteering
- Volunteer visiting training (CVS & VHV)

Volunteer Thank You Events

SNCC's Talking Gazette volunteer group has been together since 2005 providing an audio version of the Blue Mountains Gazette to vision impaired community members or those who enjoy hearing the spoken word. This ongoing endeavour exemplifies a grass roots initiative by volunteers who get together and wholeheartedly give their time to benefit community members.

In Volunteer Week 2019, this group received the "Brian Gravison Award" for best sound editing at a ceremony hosted by Belong Blue Mountains.

In December 2018 staff thanked the volunteers with the annual Christmas morning tea. Highlights at this event included the annual trivia quiz organised by our wonderful CVS Co-ordinator, Jo Newton and other fun activities organised by Imelda Eames and Liz Murphy.

Our talented volunteer, Gillian Taylor-Reynolds and her husband Eliot, provided the musical entertainment.

In May of each year, the contribution of volunteers is acknowledged. This year SNCC hosted an afternoon tea for all its volunteers. This was an opportunity for Toni Quigley, SNCC's CEO to thank all SNCC volunteers, introduce SNCC's new Volunteer Home Visitor Co-ordinator, Amanda Worgan and hand out thank you certificates to all volunteers. During this event, three volunteers: Christeen Hull, Phil Mullens and Lisa Varjavandi spoke eloquently about volunteering and how it enhances their day to day lives.

Special thanks to our Digital Mentors: Diane Schnebli, David Taylor and Laurette Lideros who together have helped over 50 people within our community become more confident with technology.

SNCC recognises the contribution of all of our volunteers and thanks them for their continued service to the community.

SNCC Volunteers

BOARD DIRECTORS

Diane Burn
Shane Crisford-Eade
Tracy Kane-White
Sharon Payne
Joanne Ridley
Andrea Turner-Boys
Lynette White

BOARD SUB-COMMITTEE

Diane Burn
Shane Crisford-Eade
Keith Dowling

BUG CLUB

Dr Lindsey Grey

FOSSIL FUN

Dr Patrick and
Rachel Smith

CENTRE VOLUNTEERS

Frances Banyard
Melissa Basford
Kay Briggs
Carol Carroll
Trish Donohoe
Sandy Facer
Jeanine Gallazi
Sally Gersbach
Marcia Gold
Peter Hartman
Cathy Howes
Ann Ludbrooke
Danielle Marshall
Noreen Mason
Heather Mitchell
Nina Morgan
Phil Mullens
Deb Nemcek
Sue Noske
Barbara Ray
Leesa Rayner
Russell Searle
Alyssa Smith
David Taylor
Gillian Taylor-Reynolds

Lisa Varjavandi
Rachquel Watts
James White

COMMUNITY VISITORS SCHEME

Rodrigo Bourke
Carol Carroll
Toni Cornado-Cornet
Anne Cawley
Marlene Doublesin
Vicki Glew
James Henderson
Nerine Hide
Melissa Hill
Jill Hogwood
Louise Hughes
Chris Hughes
Jenny Hughes
Marion Hughes
Wendy Hutchinson
Noreen Mason
David Rees
Phiona Stone
Ann Thomas
Lisa Varjavandi
Lynette White
Pat Wilby

DIGITAL MENTORING

Laurette Lideros
Diane Schnebli
David Taylor

GRAPHIC DESIGN & BRANDING

Xandro Lombardi

GROUP FACILITATORS

Jenny Davies
Raising Kin facilitator
Mark Hand
Acoustic Club
Christeen Hull
Art Social Group
Sally Gersbach
Artscope

Alyssa Smith
Artscope
Heather Smith
Community Choir
Nicole Giezekamp
Community SHINE Choir

Kath Thorburn
Exercise at Ellison

Gillian Powell
FUNctional Fitness

Olga Hamilton
Knit N Yarn

Valda Hickey
Open Door

Cheryl Hyde
Open Door

Gillian Taylor-Reynolds
Sing-a-Long Group

Chris Hughes
Social Cards & Games

Anna Fisher
Tai Chi Qigong

Jenny Hall Vision
Impaired Persons

Elizabeth Godleman
Yoga & Relaxation

MATHS TUTORING

Ian McIntyre

TALKING GAZETTE GROUP

Pat Allan
Geraldine Cook
Alastair Fyfe
Sheila Fyfe
Pamela Lammin
Mick McGillion
Sherilyn Page
Anne Palmer
Jan Parry
Jacqueline Shimmell
Dianne Thorpe
Noeleen Udall
Talking Gazette
Coordination

TANDERRA YARD MAINTENANCE

Josiah Bamfer
Deb McDowell
Tim Quinn Smyth

TANDERRA MUSIC WORKSHOPS

Lisa Varjavandi

TAX HELP

Bill Knagge

VOLUNTEER HOME VISITORS

Adelaide
Tanya Belon
Leanne Buswell
Peter Crowe
Robyn Elliott
Ann Finlayson
Robin Green
Nerine Hide
Petra Huber
Kerrie Knopov
Alison Korbula
Helen Lewsley
Estelle Macintosh
Karen McDonald
Heather Mitchell
Phil Mullens
Bernadette Owens
Rebecca Phelan
Geoffrey Pryke
Leesa Rayner
Marianne Rutten
Agnes Ryan
Judith Sanbrook
Enid Schafer
Kay Taylor
Lisa Varjavandi
Robyn Whitelock



SNCC recognizes and values the important contribution all our volunteers make delivering our local services.



BE PART OF SOMETHING BIGGER...

HOW?

Become a member of SNCC

Become a member of SNCC and participate more closely with SNCC's service delivery to our community, includes attending a catered Annual General Meeting.

- \$22 individual membership
- \$30 family membership
- \$100 business membership

Become a regular Donor

Become a regular Donor to our Community Food Relief - with community help, SNCC supports close to 1000 adults and children each year with food parcels! You are welcome to drop by with any contributions or donate electronically (if selecting this method please email our Finance Officer, Lyn at finance@sncc.org.au)

Springwood Neighbourhood Centre
Bendigo Bank
BSB: 633-000
Account: 122 031 008

Become a volunteer

There are many opportunities available to volunteer. Just let us know how much time you have and which service area you would like to work in.

Contact us by telephoning
02 4751 3033 or email
reception@sncc.org.au

Become a Supporter

Become a supporter for our fundraising programs - whether a village sausage sizzle or a raffle. SNCC aims to do more fundraising in 2020 to expand our transport and other support services for our frail aged and other community members.

Take action at the local level and be the change you want for your community



**Springwood Neighbourhood
Centre Co-operative Ltd**

THE SNCC GRATITUDE TREE

“to live in such a beautiful part of the world”

“grateful for the help from Centre”

“I am grateful every day that I am able to come into the Centre and do volunteer work”

“new positive thoughts”

“I am grateful for the love of my beautiful dog”

“a good sleep”

“made it through a challenging weekend”

“happy smiling faces”

“for my daughter”

“to have people in my life that care for me”

“being alive”

“my grandchildren”

“thanks for bush care for reclaiming our native bush”

“I am grateful someone else made me a coffee”

“I appreciate the kindness and courtesy of people I meet”

“for SNCC”

“the wonderful volunteers at the Centre”

“reliable transport and good friends”



“life, love & universe”

“a massage”

“Family and good friends”

“safe holiday break”

“a lovely meal with friends”

“camping adventures with the family”

“I am grateful for my beautiful pets”



Springwood Neighbourhood
Centre Co-operative Ltd