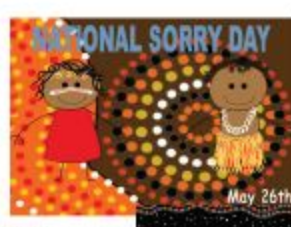


Springwood Neighbourhood Centre

striving for a community that is vibrant, caring and inclusive

Activities	Dates	Times	Location
Mondays			
It Takes A Village Playgroup (New!)	03, 17, 31	10:00am-11:00am	Falconbridge Community Hall
Seated Yoga	03, 10, 17, 24, 31	10:00am-11:00am	The Hub Green Room, registrations full
Springwood Scrabblers	03, 10, 17, 24, 31	2pm-3:30pm	Our Centre
Tuesdays			
Digital Mentoring	Available upon request & appointments. Contact Reception for more info		
FUNctional Fitness	04, 11, 18, 25	9:30am-10:30am	Falconbridge Community Hall
OPEN Door	Refer to Tonje Akerholt for session information.		
Wednesdays			
DARE Disability Morning Tea	12, 26	10am-11am	Our Centre
Digital Mentoring	Available upon request & appointments. Contact Reception for more info		
Knit and Yarn	Refer to Tonje Akerholt for more information		
Raising Kin	05	10:00am-12:00pm	Falconbridge Community Hall
Yoga and Relaxation	05, 12, 19, 26	9:30am-10:30am	Presbyterian Church Hall
RRR Group	12, 26	2:05pm-4:00pm	Board Room, Trish Doyle's Office.
Maths Club Drop In		3:00pm-4:30pm	Springwood Neighbourhood Centre
Thursdays			
Digital Mentoring	Available upon request & appointments. Contact Reception for more info		
TaiChi / QiGong	20,	10:00am-11:00am	Spring Court venue, 133 Macquarie Rd
Springwood Acoustic Club	27	7:30pm-10:30pm (approximately)	Presbyterian Church Stuart is in touch with his group
Talking Gazette	Noeleen is in touch with her group which continues to operate.		
Fridays			
Art Social Group	07, 28	9:30am-12:30pm	Springwood Presbyterian Church Hall
Social Cards	07, 14, 21, 28	1:00pm-4:00pm	Springwood Presbyterian Church Hall
Events			
Youth Mental Health First Aid workshop	June 3rd	9:30am-4:30pm	Falconbridge Community Hall \$95 waged, \$40 unwaged



Springwood Neighbourhood Centre Co-operative Ltd

Ground Floor, Blue Mountains Theatre & Community Hub
104-108 Macquarie Road, Springwood, 2777

OPEN: Mon, Tues, Thurs, 9:30am-3:30pm

Wed 9:30am-12:30pm

CLOSED: Wednesday afternoons and on Fridays

We have a suggestion box in our Centre

Your feedback, suggestions or comments, including what you find most helpful, are all welcome.

Alternatively you are welcome

